

Adia Edmondson

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Education

Drexel University Philadelphia, PA

MS in Arts Administration and Museum Leadership (Arts Administration concentration)

Minor in Arts in Public Health

- ❖ Westphal Dean's Fellowship
- ❖ Westphal Student Council
- ❖ Drexel Community Collaborators
- ❖ Drexel Pilates Studio; 450 hours Pilates Comprehensive Training
- ❖ Drexel University College Teaching Non-Credit Certification
- ❖ Fall Break Intensive Course Abroad in Cuba (September 2023)

Manhattanville University Purchase, NY

BA in Dance and Theater (Dance Therapy concentration)

Minor in Studio Art and Psychology

- ❖ Magna cum laude; Departmental honors
- ❖ Castle Scholars Honors program
- ❖ Sister Mary T. Clark Community Service
- ❖ Royalty Steppers step team, Minds in Motion hip-hop team, and Latin Fusion team
- ❖ Choreographers/Professors: Alex Olivieri (2019), Marta Renzi (2019), Jorge "Pop Master Fabel" Pabon (2018), Shawn Bible, Andrei Kisselev

Experience

Pilates experience

Equinox - Studio Pilates Instructor

November 2024 - present

Teach complimentary, private, duet, and small group sessions on all classical Gratz apparatuses, such as Reformer, Tower, Cadillac, Chair, Barrels (Small Barrel, Spine Corrector, and Ladder Barrel). Completed continuing education to deepen knowledge on how to effectively work with special populations.

Harlem Pilates - Reformer Instructor

September 2024 - present

Teach group Open Level Reformer, Reformer Fundamentals, and Intermediate Reformer, as well as support other Pilates formats (Mat, Tower, and Barre) and private/duet sessions on Balanced Body apparatuses. Independently plan and implement safe, effective full-body Pilates classes.

Club Pilates (Cobble Hill and Harlem 116th) - Instructor

September 2024 - present

Teach reformer-based classes with up to 12 people, as well as conduct private/small group training sessions on Balanced Body apparatuses. Independently plan and implement safe, effective full-body Pilates classes that aligns with the Club Pilates franchise class structure.

The Good Pilates - Reformer Instructor

October 2024 - June 2025

Teach Open Level and Intro Reformer group classes on Balanced Body apparatuses, as well as private sessions on the Reformer, Tower, and/or Chair. Independently plan and implement safe, effective full-body Pilates classes.

Performance/Choreography experience

Flamenco Vivo Micro-Residency

May 2024

Residency includes 10 hours of studio space usage for movement research and the opportunity to teach an hour and a half community master class.

JUNTOS Collective: JUNTOS Abroad Guatemala Volunteer

May 2024

Traveled to Guatemala with other dance volunteers to engage in community arts outreach, participating in activities

such as teaching movement classes to young people, performing at community events, and collaborating with local artists and community leaders.

WADE Dance: DanceHUB Barcelona

March 2024

One-week dance intensive focusing on creative research through holistic and mindful practices.

Choreographers/Companies: Lorena Nogal, Giada Matteini, and B>Lab.

Moulin/Belle: Creative Exchange Arts Residency in South West France

March 2023 – April 2023

Earl Mosley's "Diversity of Dance: Dancing Beyond: Contemporary dance

February 2022

"Island" by Jie-Hung Connie Shiao and "Velocity of Consciousness" by Tiffanie Carson

Soul Dance Company (Apprentice): Contemporary and Afro-Cuban dance

2021-2022 Performance Season

Isadora Duncan Dance Foundation (Apprentice): Modern dance

November 2021 - March 2022

Education/mentoring experience

Groove with me - Teaching Artist

November 2021 - June 2022 | September 2024 - Present

Co-taught a Cheer Hip Hop dance class once a week. Promoted positive youth development among girls ages 4-18 through dance classes, performance opportunities, and small group discussions.

Dancing Classrooms - Teaching Artist

January - June 2022

Utilized social/partner dance as a movement tool that cultivates socio-emotional learning, life skills, and artistic growth. Fostered a safe learning environment for children, teens, and/or adults through structured lessons during school residencies and community workshops throughout New York City. During these sessions, students are instructed on a specific style of social dance, while learning the history and culture behind the movement. Students gain the knowledge and skills to facilitate a start (or even continuation) of a lifelong journey to becoming compassionate, artistic global citizens. Promoted empathy, inclusion, perseverance, flexibility, creativity, as well as proficiency in the dance styles being taught. Collaborated with school leaders in order to facilitate a culminating event at the end of the residency, which includes coordinating music, space, flyers, and overall production elements.

Manhattanville College - Peer Mentor

August 2017 - May 2020

Guided first year students and other student populations to resources concerning a college student's academic, mental, and/or social wellbeing. Held weekly office hours and regularly met with mentees to foster community and positive growth. Facilitated at least one campus wide event every semester that targets a specific student population. Maintained a high GPA and regularly attended programs held by the Peer Mentor center and the Center for Student Leadership and Success.

Volunteer experience

DREAM program - Mentor Coordinator

September 2023 – May 2024

Supported mentor recruitment, onboarding, training, and professional development of college student mentors for the Village Mentoring program. Cultivated a positive, inclusive team environment among DREAM staff and the mentor chapters. Recruited new mentees, built relationships with the community, and supported the facilitation of the Village Mentoring program.

DREAM program - Summer Enrichment Coordinator

June 2023 - August 2023

The DREAM program partners with Americorps to meet the needs of under-resourced communities and reduce the opportunity gap for youth that reside in low-income housing. Summer Enrichment Coordinators plan and implement summer youth programming in a fun, memorable, and safe environment that fosters student creativity and academic achievement. Coordinators work collaboratively with colleagues and community leaders to promote an inclusive environment that is committed to dismantling systems of inequality and oppression.

CityYear NYC - Team Leader**June 2021 - January 2022**

Student success coach, mentor, and team leader providing resources and support for my team and our school partnership. Managed school projects/initiatives, lead a team of 10-20 first year ACMs, and support my management team in making sure that service is an impactful experience for all. Other duties include administrative work, data entry, facilitating workshops/training, organizing team building programming, classroom/after school observation, enforcing student behavior management, and working with school partners to structure a successful afterschool program.

CityYear NYC - First Year Corps Member**June 2020 - June 2020**

CityYear is a full-time community service program designed to transform the lives of students in the cities we serve. Corps members directly engage with students in under-resourced communities of need to serve as mentors, tutors, and an extra resource in the classroom by providing social, emotional, and academic development support. Corps members also: work on a team of diverse members from all parts of the country, develop leadership skills that can be applied to any profession, directly influence positive changes in students grades, attendance, behavior, and overall education experience, actively promote diversity, equity, and inclusion, and facilitate lesson plans for after school activities and programming. Other duties included: facilitating safety/fire drill plans, coordinating a monthly community resource newsletter in order to promote family engagement, and collaborating with management for various events and programming.

Arts administration experience**WADE Dance - Board Member****April 2025 - present****Mid Atlantic Arts - Grant Panelist****March - April 2025**

Reviewed grant proposals for the Cultural Sustainability: Community Roots pilot program and submitted recommendations in a timely manner.

Pentacle – Arts Administration Intern**January – June 2024**

Engaged in a holistic, hands-on experience in arts administration through mentorship, weekly professional development workshops, and direct administrative experience working with an artistic entity. Utilized Salesforce to assist with donor cultivation and donation documentation. Assisted with grant research and the preparation of future applications on a grants calendar.

National Guild for Community Arts Education - Conference Ambassador**April 2024**

Assisted with conference logistics, such as proctoring conference sessions, leading site visits, assisting attendees with registration, answering general conference questions, and fostering a welcoming environment for all.

Mid-America Arts Alliance - Grant Panelist**March - April 2024**

Reviewed grant proposals for the Creative Forces initiative, which is facilitated by the National Endowment for the Arts, U.S. Departments of Defense and Veterans Affairs, and Mid-America Arts Alliance to improve the health and well-being of military and veteran populations using arts programming across the country.

Association of Arts Administration Educators (AAAE) – Arts Administration Intern April - July 2023

Supported AAAE in preparation for the annual conference at Baruch College in New York City. Designed, planned, and posted important conference information on social media, assisted in the development of conference materials, such as postcards, certificates, surveys, and programs, and assisted with event planning and member outreach.